

N.D.A.

GIRLS PLAYING REGULATIONS

BASKETBALL

ALL SPORTS

Eligibility - See the NDA Constitution.

Schedules -

If at all possible, there shall be no overlapping of NDA schedules (including NDA play-off games) for season sports.

*There shall be no NDA scheduled games, or activities, for **3 days** preceding any examination day in a school calendar. Any changes will be communicated amongst principals.*

Every attempt should be made to avoid league games on Sundays or holidays.

Every attempt should be made to schedule no more than 2 games per week in all sports.

*No NDA contest or activity shall be scheduled that "**affects school time**", unless authorized by these guidelines, or arranged through the mutual agreement of the Principals of the schools involved.*

The schedules for all NDA sports must be made available to all Principals for approval, at the earliest time possible, but no later than 24 hours prior to the beginning of each sport season.

Any incidences of player or coach misconduct but be forwarded, by the convenor to the coach's principal.

In order to participate in any NDA activity, participants shall be in the charge of a coach for the duration of the game or contest.

DIVISIONS:

- Junior: the individual's birth certificate indicates that he/she has not reached his/her 15th birthday by January 1st prior to the start of the school year in which the competition is held.
- Senior: the individual's birth certificate indicates that he/she has not reached his/her 19th birthday by January 1st prior to the start of the school year in which the competition is held.

ELIGIBILITY:

A student must have played in at least two (2) regular league games exclusive of play-off games in that division in the district before being eligible for N.O.S.S.A. A player may not play in one classification if she has played in her district play-offs in another classification.

BASKETBALL (CONT'D)

TEAM FINANCING:

1. The costs for tie breaking games are to be shared by the teams involved.
2. Costs include travel and officials.

RULES GOVERNING LEAGUE PLAY:

1. A home and home schedule, if possible will be arranged for each competing school at junior and senior level.
2. No school shall be required to play more than two (2) games a week. This may be changed by mutual consent of the two (2) coaches, principals and athletic directors involved due to postponed games or other unforeseen circumstances i.e. shortened weeks to holidays, P.D. days, etc.
3. In order to allow for tie breaking games, the season should end at least three (4) nights prior to the finals. Tie breaking games should be completed one (1) day before the semi-finals.
4. The home team must provide a qualified timer and scorer.
5. Teams with greatest number of points at the end of the season will be declared league winners.

TIE-BREAKING PROCEDURE:

1. In all cases of **two-way ties** for any position in the league standing, the Convenor will take into consideration the following procedures for breaking the tie(s) in the sequence in which they appear.
 - (a) the won-lost record of the teams tied as they appear against each other.
 - (b) the difference between the points for and against, with the teams tied as they appear against each other - a maximum difference of 20 points shall be awarded in each game.
 - (c) the season's difference between the points for and against of the teams tied as they appear against every other team in the league.

- (d) the team that has the fewest points against
2. In all cases of **three-way ties** for any position in the league standing, the convenor will take into consideration the following procedures for breaking the tie(s) in the sequence in which they appear. Once a team has been eliminated using the three-way tie breaking procedure, the tie between the two remaining teams will be broken by the two-way tie breaking procedure. Once the order (ranking) of the three tied teams has been established, the lowest ranking team shall be eliminated and the convenor shall then break the tie between the two remaining teams using the two-way tie breaking procedures.
- (a) the won-lost record of the teams tied as they appear against each other.
 - (b) the difference between the points for and against, with the teams tied as they appear against each other.
 - (c) the season's won-lost record of each of the teams tied as they appear against every other team in the league.
 - (d) the season's difference between the points for and against of the teams tied as they appear against every other team in the league.
 - (e) the team that has the fewest points against

BASKETBALL (CONT'D)

PLAY-OFF FORMAT

- 1.
- (a) In a three (3) team play-off, the format shall be: 1-bye, 2 vs. 3 and the winner and 1 play in the final.
 - (b) In a four (4) team play-off, the format shall be: 1 vs. 4, 2 vs. 3 and the winners play off.
 - (c) In a five (5) team play-off, the format shall be: 1-bye, 2-bye, 3-bye, 4 vs. 5 and the winning teams then follow the four (4) team league.
 - (d) In a six (6) team play-off, the format shall be: 1-bye, 2-bye, 3 vs. 6, 4 vs. 5 and the winning teams then follow the four (4) team league.
 - (e) In a seven (7) team play-off, the format shall be: 1-bye, 2 vs. 7, 3 vs. 6, 4 vs. 5 and the winning teams will then follow the format for a four (4) team league.
 - (f) In an eight (8) team play-off, the format shall be: 1 vs. 8, 2 vs. 7, 3 vs. 6, 4 vs. 5 and the winning teams will then follow the format for a four (4) team league.
 - (g) In a nine (9) team play-off, the format shall be the eighth and ninth place teams will play a one night sudden-death. The winning team will be placed eighth (8th) and the remaining teams will then follow the format for an eight team league
2. The **N.D.A. Senior playoffs** shall be as follows:
- (a) The top four (4) teams in league play shall advance to the play-offs.

- (b) **Semi-finals:** These are to be a best 2 of 3 series. The gymnasium for the first game will be the home gym of the team finishing higher in the league standings, the second game at the home of their opponent and the third game (if necessary) back at the site of the first.
 - (c) **Finals:** The championship is to be a best 2 of 3 series between the winners of the semi-finals. The gymnasium for all games will be at College Education Centre. Barring that, the gymnasium for the first game will be the home gym of the team finishing higher in the league standings; the second game at the home of their opponent and the third game (if necessary) back at the site of the first.
3. The **N.D.A. Junior playoffs** shall be as follows:
- (a) All teams in the league shall advance to the play-offs.
 - (b) **Quarter-finals:** These are sudden death games at the home of the higher standing team in league play.
 - (c) **Semi-finals:** These are sudden death games at the home of the higher standing team in league play that have advanced from the quarter-finals.
 - (d) **Finals:** The championship is to be a best 2 of 3 series between the winners of the semi-finals. The gymnasium for the first game will be the home gym of the team finishing higher in the league standings; the second game at the home of their opponent and the third game (if necessary) back at the site of the first game.

BASKETBALL (CONT'D)

N.O.S.S.A. REPRESENTATIVES

1. All N.D.A. Schools must compete at the N.O.S.S.A. level indicated by the N.O.S.S.A. school classification rules unless the school has declared their intention to compete at a higher classification in writing to the N.D.A. Sport Convenor the day before the start of the N.D.A. play-off schedule. Such declaration must be signed by the school Principal, Athletic Coordinator (where applicable) and the Head Coach.
2. All N.D.A. entries to N.O.S.S.A. Championships shall be determined using the following order of priority:
 - (a) N.D.A. Play-off Champion
 - (b) N.D.A. Play-off Finalist
 - (c) N.D.A. League Champion
 - (d) the highest ranking Semi-finalist using league standings
 - (e) the other Semi-finalist
 - (f) the team with the best league record among the schools in the same NOSSA school classification. In the event that the championship involves more than one classification, the league records of all the schools in those classifications will be used.
 - (g) In the case of a 2-way tie in part (e), a play-off contest shall be played at the home of the higher ranking team determined by the 2-way tie-breaking procedure.
 - (h) In the case of a 3-way tie, the 3-way tie-breaking procedure will be used to determine the ranking of the teams. The 2nd ranked team will host the 3rd ranked team in a play-off

contest. The winner of this contest will play a final play-off contest against the 1st ranked team at the home of the 1st ranked team.

OFFICIALS AND GAME RULES:

1. The current National Basketball Association Rule Book will be the guide for all games and officials. Local variations may be permitted at the discretion of the membership as a whole.
2. One (1) IAABO rated official or Superior OBA official must be used for every game.
3. Rated officials only, are to be assigned to officiate at all tie breaking games at the end of league play.
4. Rated officials, only, are to be assigned to officiate at N.D.A. tournament games.
5. Officials should be given a dressing room not used by coaches or team members.
6. The three (3) point shot rule shall be in effect.

AWARDS:

1. Trophies to be presented:

Junior:	League Champions - C.S.S. Raiderettes Trophy Play-off Champions - N.D.A. Tournament Plaque
Senior:	League Champions - Norma Higgs Trophy Play-off Champions - N.D.A. Tournament Plaque
Other Trophies:	Marg Stephen Trophy - Officials

Each of these trophies will be held by the winning school for the championship year.

2. Pennants to be presented:

An N.D.A. pennant shall be awarded to the N.D.A. Play-off Champions. This pennant will be kept by the winning school. If there are no play-offs, the pennants will be presented to the League Champions.

3. No additional awards shall be given to each member of a championship team.

SOCCER

ALL SPORTS

Eligibility - See the NDA Constitution.

Schedules -

If at all possible, there shall be no overlapping of NDA schedules (including NDA play-off games) for season sports.

*There shall be no NDA scheduled games, or activities, for **3 days** preceding any examination day in a school calendar. Any changes will be communicated amongst principals.*

Every attempt should be made to avoid league games on Sundays or holidays.

Every attempt should be made to schedule no more than 2 games per week in all sports.

*No NDA contest or activity shall be scheduled that "**affects school time**", unless authorized by these guidelines, or arranged through the mutual agreement of the Principals of the schools involved.*

The schedules for all NDA sports must be made available to all Principals for approval, at the earliest time possible, but no later than 24 hours prior to the beginning of each sport season.

Any incidences of player or coach misconduct must be forwarded, by the convenor to the coach's principal.

In order to participate in any NDA activity, participants shall be in the charge of a coach for the duration of the game or contest.

DIVISIONS:

There are no age divisions in N.D.A. Girls' Soccer. The individual's birth certificate must indicate that he/she has not reached his/her 19th birthday by January 1st prior to the start of the school year in which the competition is held.

ELIGIBILITY:

Any player who participates in any outdoor league or formal exhibition games (that is has her name on the game sheet) on an out of school team involved in any out of school league after the opening game of the NDA league, shall be ineligible for NDA soccer in that season. The NDA season shall consist of all regular season and play-off games. Once a team has been eliminated from the NDA play-offs or has been declared the champion, that team's NDA season has been completed.

SCHEDULE:

All play-off games are to be played on the home field of the higher placed team. If field conditions prevent this from happening, then a neutral field shall be used.

LENGTH OF GAMES:

Games are two (2) forty-five (45) minute halves, with a five minute break between halves. If a game that is in progress is cancelled due to uncontrollable circumstances, the result of the game will stand if two-thirds of the game has been played. If less than two-thirds of the game has been played, the game will be replayed during the next "make-up" day built into the schedule.

RULES:

For any discrepancy in rule interpretation at the N.D.A. level, the convenor shall refer to F.I.F.A. rules as the deciding factor with the following exceptions:

1. Substitution for a yellow-carded player is compulsory. The yellow-carded player is the only player who may be replaced at that time and he may re-enter the game at a regular substitution period.

SUBSTITUTES:

Each team will be allowed to dress an unlimited number of substitutes. Each team shall be permitted an unlimited number of substitutions on goals or goal kicks. Teams may also substitute on their own throw-ins. The other team may also substitute if substitution is first initiated by the other team.

FIELD OF PLAY:

Each school should provide four (4) corner flags. Corner flags should be at least five (5) feet high and have a non-pointed top. The field of play should be properly marked as laid out in the F.I.F.A. Rules. The convenor shall determine the field of play in extreme situations.

UNIFORMS:

Each school should have jerseys with team colours as well as numbers on the back of the sweater. If team colours are similar, the home team will be required to change their colours for the game. All players must wear shorts, appropriate footwear, shin pads and socks (which must cover the entire shin pad). The goalie must wear a jersey of a different colour which distinguishes her from other players.

RULE INFRACTIONS:

Infractions of the rules will result in the enforcement of C.S.A. rules. A red card will therefore involve a minimum suspension of the remainder of the game as well as one (1) additional game. The accumulation of three (3) yellow cards in a season (including play-offs) will result in a suspension of one (1) game.

TIE-BREAKING PROCEDURE:

1. In all cases of **two-way ties** for any position in the league standing, the Convenor will take into consideration the following procedures for breaking the tie(s) in the sequence in which they appear.
 - (a) the won-lost record of the teams tied as they appear against each other.
 - (b) the difference between the goals for and against, with the teams tied as they appear against each other. A maximum difference of three (3) goals shall be awarded in each game. The team with the most positive difference (or least negative difference) shall be awarded the higher standing.

e.g. If Team A beats Team B 11-0, the difference is only +3 and not +11
If Team C beats Team D 6-1, the difference is still only +3, and not +5.
 - (c) the season's difference between the goal for and against of the teams tied as they appear against every other team in the league. A maximum difference of three (3) goals shall be awarded in each game.
 - (d) the team that has the fewest goals against

SOCCER (CONT'D)

TIE-BREAKING PROCEDURE (CONT'D):

2. In all cases of **three-way ties** for any position in the league standing, the Convenor will take into consideration the following procedures for breaking the tie(s) in the sequence in which they appear. Once a team has been eliminated using the three-way tie breaking procedure, the tie between the two remaining teams will be broken by the two-way tie breaking procedure.
 - (a) the won-lost record of the teams tied as they appear against each other.
 - (b) the difference between the goals for and against, with the teams tied as they appear against each other. A maximum difference of three (3) goals shall be awarded in each game. The team with the most positive difference (or least negative difference) shall be awarded the higher standing.

e.g. If Team A beats Team B 11-0, the difference is only +3 and not +11
If Team C beats Team D 6-1, the difference is still only +3, and not +5.
 - (c) the season's won-lost record of each of the teams tied as they appear against every other team in the league.
 - (d) the season's difference between the goals for and against of the teams tied as they appear against every other team in the league. A maximum difference of three (3) goals shall be awarded in each game
 - (e) the team that has the fewest goals against

PLAY-OFF FORMAT

1.
 - (a) In a three (3) team play-off, the format shall be: 1-bye, 2 vs. 3 and the winner and 1 play in the final.
 - (b) In a four (4) team play-off, the format shall be: 1 vs. 4, 2 vs. 3 and the winners play off.
 - (c) In a five (5) team play-off, the format shall be: 1-bye, 2-bye, 3-bye, 4 vs. 5 and the winning teams then follow the four (4) team league.
 - (d) In a six (6) team play-off, the format shall be: 1-bye, 2-bye, 3 vs. 6, 4 vs. 5 and the winning teams then follow the four(4) team league.
 - (e) In a seven (7) team play-off, the format shall be: 1-bye, 2 vs. 7, 3 vs. 6, 4 vs. 5 and the winning teams will then follow the format for a four (4) team league.
 - (f) In an eight (8) team play-off the format shall be: 1 vs. 8, 2 vs. 7, 3 vs. 6, 4 vs. 5 and the winning teams will then follow the format for a four (4) team league.
2. All teams shall advance to the play-offs.

SOCCER (CONT'D)

3. All play-off games will be sudden death games at the home of the higher standing team in league play. In the event that teams are tied at the conclusion of regulation time in play-off games, two (2) fifteen (15) minute NOT sudden-death halves shall be played. If the teams are still tied at the conclusion of overtime, then the following procedure shall be used:
 - (a) Each team will select five (5) players from those on the field at the conclusion of the overtime. These five (5) players will take penalty kicks alternately, the first team to kick being decided by a coin toss. The winner will be the team scoring the most penalty kicks.
 - (b) If still tied, the remaining players shall take kicks, one from each team alternately, the winner being that team which is ahead after any pair of penalty kicks.

N.O.S.S.A. REPRESENTATIVES

1. All N.D.A. Schools must compete at the N.O.S.S.A. level indicated by the N.O.S.S.A. school classification rules unless the school has declared their intention to compete at a higher classification in writing to the N.D.A. Sport Convenor the day before the start of the N.D.A. play-off schedule. Such declaration must be signed by the school Principal, Athletic Coordinator (where applicable) and the Head Coach.
2. All N.D.A. entries to N.O.S.S.A. Championships shall be determined using the following order of priority:
 - (a) N.D.A. Play-off Champion
 - (b) N.D.A. Play-off Finalist
 - (c) N.D.A. League Champion
 - (d) the highest ranking Semi-finalist using league standings
 - (e) the other Semi-finalist
 - (f) the team with the best league record among the schools in the same NOSSA school classification. In the event that the championship involves more than one classification, the league records of all the schools in those classifications will be used.
 - (g) In the case of a 2-way tie in part (e), a play-off contest shall be played at the home of the higher ranking team determined by the 2-way tie-breaking procedure.
 - (h) In the case of a 3-way tie, the 3-way tie-breaking procedure will be used to determine the ranking of the teams. The 2nd ranked team will host the 3rd ranked team in a play-off contest. The winner of this contest will play a final play-off contest against the 1st ranked team at the home of the 1st ranked team.

SOCCER (CONT'D)

AWARDS:

1. **Trophies to be presented:**

League Champion -	Youth Sports Association Trophy
Play-off Champion -	Youth Sports Association Trophy

2. **Pennant to be presented:**

An N.D.A. pennant is to be presented to the Play-off Champion. This pennant will be kept by the winning school. If there is no play-off, the pennant will be presented to the League Champion.

VOLLEYBALL

ALL SPORTS

Eligibility - See the NDA Constitution.

Schedules -

If at all possible, there shall be no overlapping of NDA schedules (including NDA play-off games) for season sports.

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The schedules for all NDA sports must be made available to all Principals for approval, at the earliest time possible, but no later than 24 hours prior to the beginning of each sport season.

Any incidences of player or coach misconduct must be forwarded, by the convenor to the coach's principal.

In order to participate in any NDA activity, participants shall be in the charge of a coach for the duration of the game or contest.

DIVISIONS:

- Junior: the individual's birth certificate indicates that he/she has not reached his/her 15th birthday by January 1st prior to the start of the school year in which the competition is held.
- Senior: the individual's birth certificate indicates that he/she has not reached his/her 19th birthday by January 1st prior to the start of the school year in which the competition is held.

OFFICIALS:

1. Qualified referees must be used for every match. If the referee is unqualified, she/he must be approved by each team.

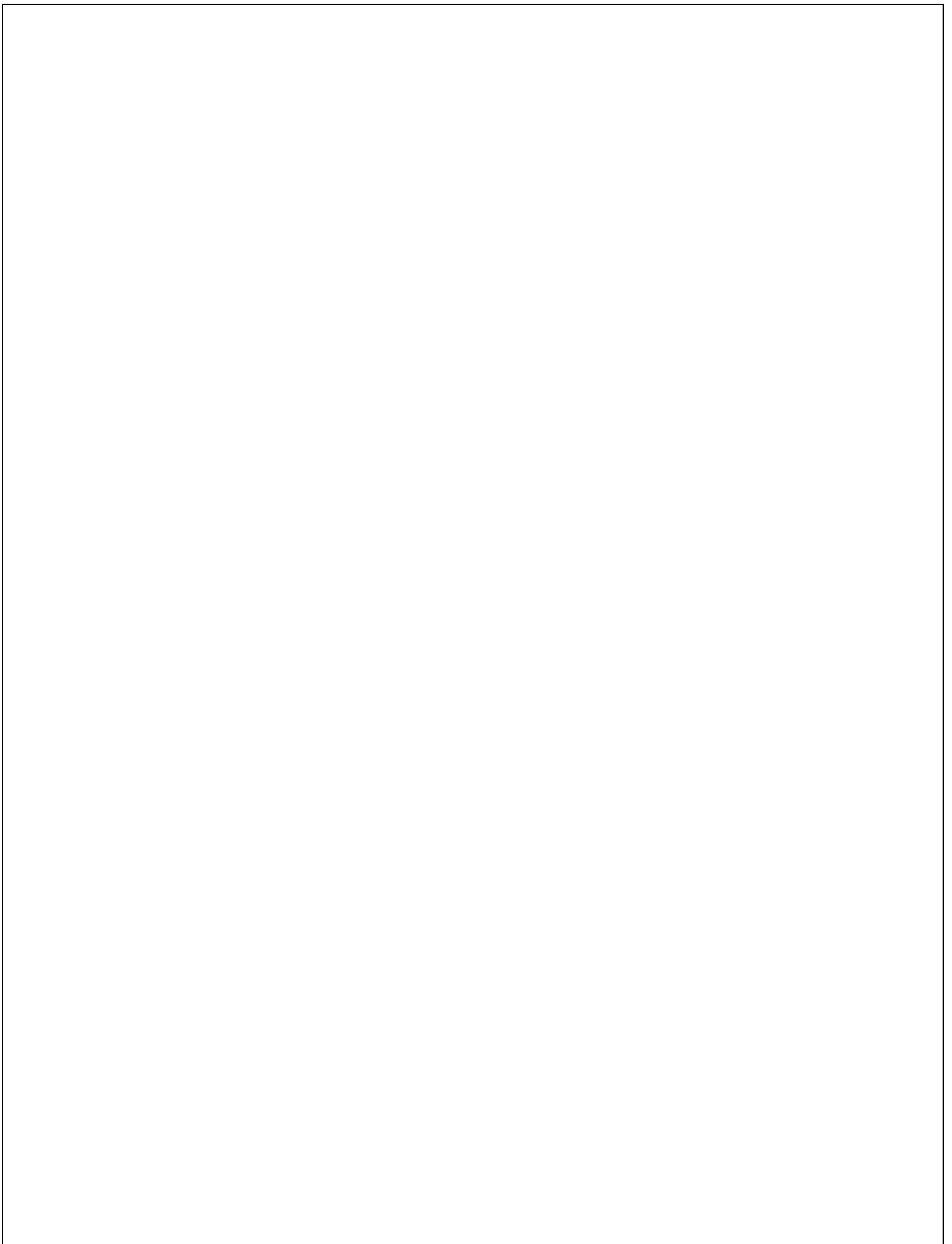
SCORING:

1. Triplicate score sheets shall be used. One (1) will be sent to the Convenor and one (1) copy given to each coach.

VOLLEYBALL (CONT'D)

RULES:

1. A home and home schedule will be arranged for each member school at the junior and senior level.
2. The current VC Rule Book will be the guide for all games and officials. Local variations may be permitted at the discretion of the District membership as a whole. Exceptions to VC Rulebook:
 - (a) Each team will be permitted twelve (12) substitutions per set.
 - (b) Back row specialist player "libero" will not be designated.
 - (c) The time-outs during a match will be 60 seconds for all league and play-off matches.
3. The home team must provide the convenor with the results of their match that evening and a copy of the score sheet should be sent to the convenor as soon as possible.
4. Each school must supply trained scorers.
5. The Convenor is to report the scores and standings to the media.
6. (a) A match shall consist of the best three (3) out of five (5) sets
In doubleheader matches played on Monday and Tuesday, the juniors will play the first match and the seniors the second match. On Wednesday, Thursday, or Friday doubleheader matches, the seniors will play first and the juniors second.
 - (c) In doubleheader matches, the first match will start at 4:30 p.m. with the second match's on court preparation beginning at 5:50 p.m. or as soon as the first match is complete.
7. N.D.A. Finals must be completed prior to the N.O.S.S.A. Championship.



VOLLEYBALL (CONT'D)

TIE-BREAKING PROCEDURE:

1. In all cases of **two-way ties** for any position in the league standing, the Convenor will take into consideration the following procedures for breaking the tie(s) in the sequence in which they appear.
 - (a) the won-lost record of the teams tied as they appear against each other using matches.
 - (b) the won-lost record of the teams tied as they appear against each other using sets.
 - (c) the difference between the points for and against, with the teams tied as they appear against each other.
 - (d) the season's won-lost record of each of the teams tied as they appear against every other team in the league using matches
 - (e) the season's won-lost record of each of the teams tied as they appear against every other team in the league using sets
 - (f) the season's difference between the points for and against of the teams tied as they appear against every other team in the league.
 - (g) the team that has the fewest points against

2. In all cases of **three-way ties** for any position in the league standing, the Convenor will take into consideration the following procedures for breaking the tie(s) in the sequence in which they appear. Once a team has been eliminated using the three-way tie breaking procedure, the tie between the two remaining teams will be broken by the two-way tie breaking procedure.
 - (a) the won-lost record of the teams tied as they appear against each other using matches.
 - (b) the won-lost record of the teams tied as they appear against each other using sets.
 - (c) the difference between the points for and against, with the teams tied as they appear against each other.
 - (d) the season's won-lost record of each of the teams tied as they appear against every other team in the league using matches
 - (e) the season's won-lost record of each of the teams tied as they appear against every other team in the league using sets
 - (f) the season's difference between the points for and against of the teams tied as they appear against every other team in the league.
 - (g) the team that has the fewest points against

VOLLEYBALL (CONT'D)**PLAY-OFF FORMAT**

1.
 - (a) In a three (3) team play-off, the format shall be: 1-bye, 2 vs. 3 and the winner and play in the final.
 - (b) In a four (4) team play-off, the format shall be: 1 vs. 4, 2 vs. 3 and the winner's play off.
 - (c) In a five (5) team play-off, the format shall be: 1-bye, 2-bye, 3-bye, 4 vs. 5 and the winning teams then follow the four (4) team league.
 - (d) In a six (6) team play-off, the format shall be: 1-bye, 2-bye, 3 vs. 6, 4 vs. 5 and the winning teams then follow the four (4) team league.
 - (e) In a seven (7) team play-off, the format shall be: 1-bye, 2 vs. 7, 3 vs. 6, 4 vs. 5 and the winning teams will then follow the format for a four (4) team league.
 - (f) In an eight (8) team play-off, the format shall be: 1 vs. 8, 2 vs. 7, 3 vs. 6, 4 vs. 5 and the winning teams will then follow the format for a four (4) team league.
 - (g) In a nine (9) team play-off, the format shall be the eighth and ninth place teams will play a one night sudden-death match consisting of the best of five (5) sets at the home of the eighth placed team. The winning team will be placed eighth (8th) and the remaining teams will then follow the format for an eight team league.
2. All teams will make the **N.D.A. Play-offs** as follows:
 - (a) **Quarter finals:** These will be sudden death matches consisting of the best of five (5) sets at the home of the higher standing teams in league play.
 - (b) **Semi-finals and Finals:** These will be a best of three (3) match series with each match being a best of five (5) sets. The first and third match of each series will be at the home of the higher standing team in league play.

VOLLEYBALL (CONT'D)**N.O.S.S.A. REPRESENTATIVES:**

1. All N.D.A. Schools must compete at the N.O.S.S.A. level indicated by the N.O.S.S.A. school classification rules unless the school has declared their intention to compete at a higher classification in writing to the N.D.A. Sport Convenor the day before the start of the N.D.A. play-off schedule. Such declaration must be signed by the school Principal, Athletic Coordinator (where applicable) and the Head Coach.
2. All N.D.A. entries to N.O.S.S.A. Championships shall be determined using the following order of priority:
 - (a) N.D.A. Play-off Champion
 - (b) N.D.A. Play-off Finalist
 - (c) N.D.A. League Champion
 - (d) the highest ranking Semi-finalist using league standings
 - (e) the other Semi-finalist
 - (f) the team with the best league record among the schools in the same NOSSA school classification. In the event that the championship involves more than one classification, the league records of all the schools in those classifications will be used.
 - (g) In the case of a 2-way tie in part (e), a play-off contest shall be played at the home of the higher ranking team determined by the 2-way tie-breaking procedure.
 - (h) In the case of a 3-way tie, the 3-way tie-breaking procedure will be used to determine the ranking of the teams. The 2nd ranked team will host the 3rd ranked team in a play-off contest. The winner of this contest will play a final play-off contest against the 1st ranked team at the home of the 1st ranked team.

AWARDS:**1. Trophies to be presented:**

Junior:	League Champions Play-off Champions
Senior:	Team Award: Thomas Brooks Trophy League Champions: G.A. Whitman Trophy Play-off Champions

Each of these trophies is to be held by the winning school for the championship year.

2. Pennants to be presented:

An N.D.A. pennant is to be presented to the Play-off Champion. This pennant will be kept by the winning school. If there is no play-off, the pennant will be presented to the League Champion.

3. No additional awards shall be given to each member of a championship team.